

UPCOMING EVENTS

- Justin Lookado visits Jackson County Schools Feb. 18-21
- Feb. 19-21 HOSA State Leadership Conference
- March 21 Certified Nursing Assistant State Exam
- TAR WARS Campaign- March 3-28
- Special Olympics- April 25

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HOSA HAPPENINGS

SERIES: EPCOT VOLUME: 2-13-2014 ISSUE: 2ND NINE WEEKS EDITOR: OLIVIA BARNETT

HOSA Volunteers With Local Medical Disability Unit

By Olivia Barnett

During the second nine week term, EPCOT HOSA members have been volunteering at the Hollywood Elementary Medical Disability (MD) Unit. The students at the MD Unit have severe mental and physical disabilities. Alabama State Law requires that these students spend a minimum number of hours learning and socializing with average high school students. EPCOT HOSA members interact with these students by helping complete puzzles, reading books and assisting in handwriting skills practice. Most of the students at the MD unit are non-verbal and cannot recognize their disabilities. The MD students enjoy music, dancing, and of course, snack time. Each student has his or her own personality and special skill. It has been a true honor helping these students and seeing a smile on their faces.



EPCOT HOSA members interacting with students at the Hollywood Elementary Medical Disability Unit.

Certified Nursing Assistant Program By Destinee Snyder

As a junior or senior enrolled in the Health Science II program at EPCOT, students have the opportunity to become a Certified Nursing Assistant (CNA). The CNA program at EPCOT provides students with career opportunities straight out of high school. To be a successful student in the CNA program, one has to be determined, organized and dedicated. One must be resourceful by using textbooks, videos and hands-down training to gain skills and knowledge to pass the Alabama State Test. Training also consists of clinical rotations at Highlands Medical Center, a local hospital, and Cloverdale Manor, a skilled nursing facility. During these rotations students shadow other CNAs and learn the flow of working in a long term care facility. After completion of the class and state exam, students will be placed in jobs around the community. Students currently enrolled in the EPCOT CNA program are very eager to begin their journey in the health care field.

HOLIDAYS at CLOVERDALE MANOR By Shana Houston



This holiday season, EPCOT HOSA members volunteered their service, skills, and craftsmanship at Cloverdale Manor. Cloverdale Manor is a licensed skilled nursing facility, which provides educational clinical rotations for EPCOT Health Science students.

HOSA Officers served as hosts at the facility's annual Thanksgiving Dinner in which residents shared a holiday meal with their family. This included HOSA Officers greeting family at the door and assisting to all their needs during the meal.

In addition to this event, EPCOT HOSA members helped decorate the facility with decorated Christmas trees. The ornaments that decorated the trees were crafted angels handmade by HOSA members. Each angel represented a resident with his/her own name being placed on the angel. Money raised from the purchase of the ornaments was used to provide additional Christmas gifts for all the residents.

HOSA Can Food Drive By Abigail Bradford

In November, EPCOT HOSA members participated in a local CASA food drive. CASA is a non-profit organization that provides non-perishable food items, clothing and financial assistance for families in need throughout the Jackson County area.

The EPCOT HOSA donation will provide food to local underprivileged families for the Thanksgiving season. EPCOT HOSA members collected over 100 cans of food and dried beans.

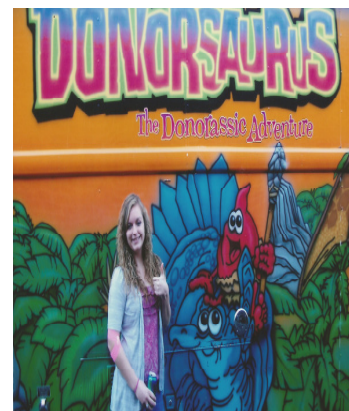


EPCOT HOSA members deliver non perishable items to CASA.

EPCOT HOSA Sponsors Blood Drive By Olivia Barnett

On November 18, EPCOT HOSA hosted their annual blood drive through **Blood Assurance**. A total of 46 units of blood were collected during the drive. EPCOT HOSA members participated by donating blood and assisting other donating students from the blood collection bus back

to their classroom. The blood drive is an annual EPCOT HOSA project for the chapter's yearly program of work calendar. EPCOT HOSA members look forward each year to the rewarding feeling that comes with donating and giving to others.



*"May the road rise
to meet you. May
the wind be always
at your back. May
the sunshine warm
upon your face. And
soft rains fall upon
your fields. And until
we meet again, May
God hold you in the
palm of his hand. "-
Irish Blessing*

HOSA Congratulates Dr. Jerry Peirce

By Destinee Snyder



EPCOT HOSA members present award to Dr. Jerry Peirce. Also pictured: Shane Small, EPCOT Administrator; Ken Harding, JCS Superintendent; Keisha Gardner, Legislative Delegation; and Deborah Hilley, EPCOT Health Science II Instructor/HOSA Advisor.

In December, EPCOT HOSA students presented Dr. Jerry Peirce, MD at Scottsboro OBGYN, the Clinical Appreciation Award. This award honored Dr. Peirce for his support and educational involvement with EPCOT HOSA students. Dr. Peirce has sponsored many students for class trips and has awarded EPCOT HOSA students with college scholarships.

Dr. Peirce offers his office facility as a clinical rotation site for the EPCOT Health Science II students. He has shared much of his wisdom and knowledge with the students. The office of Scottsboro OBGYN has always been a warm and welcoming place to EPCOT Health Science students, the future health care providers of our community.

Tattoos: Yes or No?

A Commentary by Olivia Barnett

As the trend with tattoos begins to rise, we find ourselves asking the question, "Should tattoos be uncovered in the health care setting?". I personally think tattoos can be very disrespectful and distracting, not to mention some might be offensive. We, as health care workers, should portray a type of image that is

focused on professionalism, responsibility and respectfulness. The policy of exposed tattoos is left up to the facility to decide, but I think it should be a state-wide law not to expose tattoos in the health setting. It would better not to expose tattoos for our health care image and to give workers

a sense of pride as professionals.



Source: Google Images

Check out this Cool Career in Health Science

By Abigail Bradford

Art therapy is an established mental health profession that uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of people at all ages.

It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.

Source: www.explorehealthcareers.org





Health Occupations Students of America (HOSA) is a career/technical student organization that provides members leadership experience. "The hands of HOSA mold the healthcare of tomorrow" is the motto of the HOSA organization. HOSA was founded in 1976. HOSA is available in 47 States in the United States. The members who serve are also Health Science students in a career/technical program.

EPCOT HOSA Chapter

Deborah Hilley, Advisor/RN/HST2 Instructor
29490 US Hwy 72, Hollywood, AL
35752
Phone: 256-574-6079
Fax: 256-259-1644
E-mail: hilleyd@jackson.k12.al.us
www.epcot.schoolinsites.com



EPCOT Chapter Officers 2013-2014

AM President– Abigail Bradford
AM Vice President– Olivia Barnett
AM Treasurer– Samantha Bean
AM Parliamentarian– Destinee Snyder
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Melanoma on the Rise By Olivia Barnett

DID YOU KNOW?

It's no secret that Melanoma, a type of skin cancer, is on the rise. From 1970 to 2009, the incidence of Melanoma increased by 800 percent among young women and 400 percent among young men. One person dies of Melanoma every 57 minutes. The epidemic is growing very fast, and with a very strong force. Melanoma can be caused by family history and over-exposure to both UVA and UVB rays, which come from the sun and in large, unfiltered amounts from home tanning beds. There are two warning signs of Melanoma, The ABCDEs and The Ugly Duckling Sign. The ABCDE method is a type of self examination method. A stands for asymmetry, if you draw a line through mole, the halves will not match. B stands for border. The borders of an early melanoma tend to be uneven. The edges may be scalloped or

notched. C stands for color. Having a variety of colors in the suspicious area is a sign of Melanoma. D is for Diameter. Melanomas usually are larger in diameter than the size of the eraser on a pencil, but they may sometimes be smaller when first detected. E is for Evolving. Any change in size, shape, color, elevation, or another trait, or any new symptom such as bleeding, itching, or crusting. The Ugly Duckling Sign is a method is based on the concept that these melanomas look different - they are "ugly ducklings" - compared to surrounding moles. The only type of prevention is early detection and the use of sunscreen. With the rising epidemic, prevention and early detection are vital parts of overcoming this disease.

Source:
www.skincancerfoundation.org



Image courtesy of Healthwire, Incorporated and NCI Visuals Online